



Brampton: 220 Wexford Road Unit 2 Brampton, ON L6Z-4N7
Ph: (905) 840-WELL Fax: (905) 840 -LIFE
www.drjustineblainey.com
www.blaineywellness.com

Home Remedies for Mosquitoes

Despite the abundance of industrial fumigators, folk remedies against mosquitoes and black flies are still better, safer, and more economical. There are many simple ways to combat mosquitoes and other insects that are completely natural, and hence are safe, which is especially important for young children, pregnant women and people with allergies. Below is a selection of several simple and effective folk remedies for mosquitoes.



Tomato

Mosquitoes can not stand the smell of tomato plants. Therefore, it makes sense to have beds with tomatoes directly outside your home or tomato plants in pots on your windowsills.

Basil

Mosquitoes also do not like basil. Plant this elegant and compact plant in a pot close to the windows and doors.

Eucalyptus oil

Eucalyptus essential oil is an excellent folk remedy for mosquitoes. If you are going outdoors, it can be used applied directly to skin to ward off these pesky bugs. Eucalyptus oil can also be used against mosquitoes at home. Simply drip a few drops of eucalyptus oil into an aroma lamp, or put a little oil on a cotton ball and place the ball on a nearby table and the mosquitoes will disappear.



Camphor oil

Camphor oil is a natural insect repellent. You can simply leave a piece of cloth soaked in camphor oil in the open to drive the insects away.

Cedar oil

Cedar oil is an excellent natural fumigator. You can grease the exposed skin with cedar oil and boldly go in nature.

Peppermint Oil

If you find that you already have some mosquito bites that itch like crazy, simply put a few drops of peppermint oil on the bites, and this will stop itching in its tracks.

Sincerely,
RawFamily
www.Rawfamily.com